

Grab 'n Go Backpack

The Grab 'n Go Backpack is an essential item to have at hand for any responder. This sheet itemizes the backpack contents so you can assemble one yourself.



Contents of the Grab 'n Go Backpack

Health & Safety

- Steel toe rubber boots
- Work gloves
- Nitrile gloves
- Tyvek suit
- N95 dust mask
- Safety goggles
- Ear plugs
- First aid kit
- LED headlamp
- Reflective vest
- Alcohol hand wipes
- Hand warmers

Tools & Equipment

- Waterproof notebook
- Waterproof pen
- Mechanical pencils
- Garbage bags
- Utility knife
- Duct tape
- Tuck tape
- Nylon cord
- Caution tape
- Freezer bags
- Absorbent towel (Sham Wows)
- Screwdriver, multi-bit
- Battery power bank (e.g. solar)
- Cable ties

